

Paradise Creek Recovery Center

Sex addicts, who use online child pornography, have brought tremendous difficulties to clinicians, legal professionals, and the community as a whole. The ideology that is standard today is that child pornography is a cause for hands-on child sex offending. Although the research in this area is growing, there are no studies at the present time indicating that online child pornography use will lead to a hands on offense nor is their evidence to suggest that people who access online child pornography meet the criteria for a pedophilic diagnosis.

According to Eric Griffin-Shelley (2014), the limited research that is available, is finding that these sex addicts are either acting out signs of traumatic reenactment of childhood abuse and neglect, or are so deep into a pornography addiction that it has become their new way of reaching arousal. By slapping a label on them to early can hinder their therapeutic work to achieve sexual sobriety and recovery.

Griffin-Shelley (2009) and Herring (2008) had described today's internet pornography use as the "crack cocaine" of sex addiction and that people with sexual problems were becoming addicted more easily and quickly than when they had more limited access. Pornography will disinhibit and desensitize people, especially to the sexualization of children (Olfman, 2009). A minority of individuals with problematic online sexual behaviors will commit online sexual offences, such as viewing illegal pornography (Mitchell & Wells, 2007). The number of online sex offenders that have been detected, have increased significantly over the last decade. This increase is due to the easily accessible resources that the internet has provided (Dauvergne & Turner, 2010). Because pornography is so easily found, this then has sparked curiosity and has led to sexual exploration that might otherwise have remained dormant or unstimulated (Griffin-Shelley, 2014).



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Paradise Creek is located in South-Central Idaho, 1 hour from Burley, Idaho.

Paradise Creek offers sexual addiction rehab for <u>adult males</u> in a serene and intimate setting.

Have a client who wants to show greater responsibility for his actions?

Send him to Paradise Creek where he will receive high quality therapy Arrests due to the downloading of child pornography have increased from 481 cases in 1999 to an astounding 2,069 in 2009 (Babay, 2011). These legal entanglements are creating concern in clinicians because the addicts who are caught are seen only as predators and are then labeled as pedophiles, child abusers, and sex offenders. The community then cries out to have them castrated, or locked up with no chance of release. They are seen solely as monsters. So far, this form of justice has led to relapse and recidivism, instead of sobriety and recovery.

Our goal here at Paradise Creek Recovery is to help all sex addicts achieve a healthy and acceptable lifestyle. It is better to tackle this when the acting out is connected with online use, instead of after it has lead to transmitting trauma and abuse to another generation.

References

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Dr. Matthew Hedelius Psy. D., LCSW, CSAT-S, Director

Dr. Mathew Hedelius has been providing treatment for individuals who suffer from trauma and sexual compulsivity for over 20 years and has completed over 40,000 therapy sessions in that time frame. He has experience in outpatient, residential and inpatient treatment settings. He provides bio and neurofeedback as a means of helping patients resolve their addictions and trauma issues.



Dr. A. Todd Freestone Psy. D., LCSW, CSAT, Clinical Director

Dr. Freestone specializes in the treatment of sexual compulsivity, sex offender and sexual victimization disorders. He also provides treatment other addictive disorders including substance abuse, gambling, and theft as well as trauma and other mental health issues.

